



JNAN VIKAS MANDAL'S

Mohanlal Raichand Mehta College of Commerce
 Diwali Maa Degree College of Science
 Amritlal Raichand Mehta Degree College of Arts
 Padmashree (Dr.) R.T. Doshi Degree College of Computer Science
 Plot no.9, Sector -19, Airoli, Navi Mumbai

Report of a session on effect of Tobacco

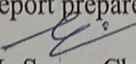
Name of the Activity: a session on effect of Tobacco

Date of the event : 24th September, 2022.

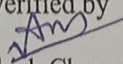
On September 24th, 2022. The camp was held in the college auditorium from 12.00 pm to 1:00 pm. A total of 300 people benefited from the session. The session was held in the college auditorium from 12:00 pm to 1:00 pm. The guest speaker for the session was Dr. Hitesh Sanghavi, a renowned pulmonologist from Fortis. The session was attended by more than 300 participants, including college students and parents. Dr. Sanghavi spoke in detail about the harmful effects of tobacco on the human body. He explained the various diseases caused by tobacco and how they can be prevented. He also talked about the different ways in which tobacco is consumed and the various forms in which it is available. The session was very informative and interactive. The audience was engaged throughout the session and had many questions for the speaker. Dr. Sanghavi patiently answered all the queries and provided valuable insights on the topic. The NSS Unit played a key role in organizing the session and ensuring that everything was in place. The team members were very cooperative and efficient in handling the entire process of registration and coordination.

In conclusion, the session on "Health Effects of Tobacco" organized by the NSS Unit was a great success. We hope to organize more such informative sessions in the future and continue to create awareness among the public about various health-related issues.

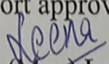
Report prepared by


 Ms. Seema Chaudhary
 NSS P.O

Report verified by


 Mr. Ashish Chavan
 NSS P.O

Report approved by

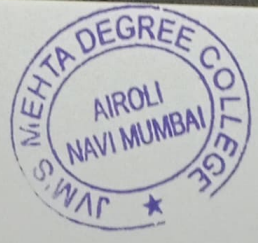
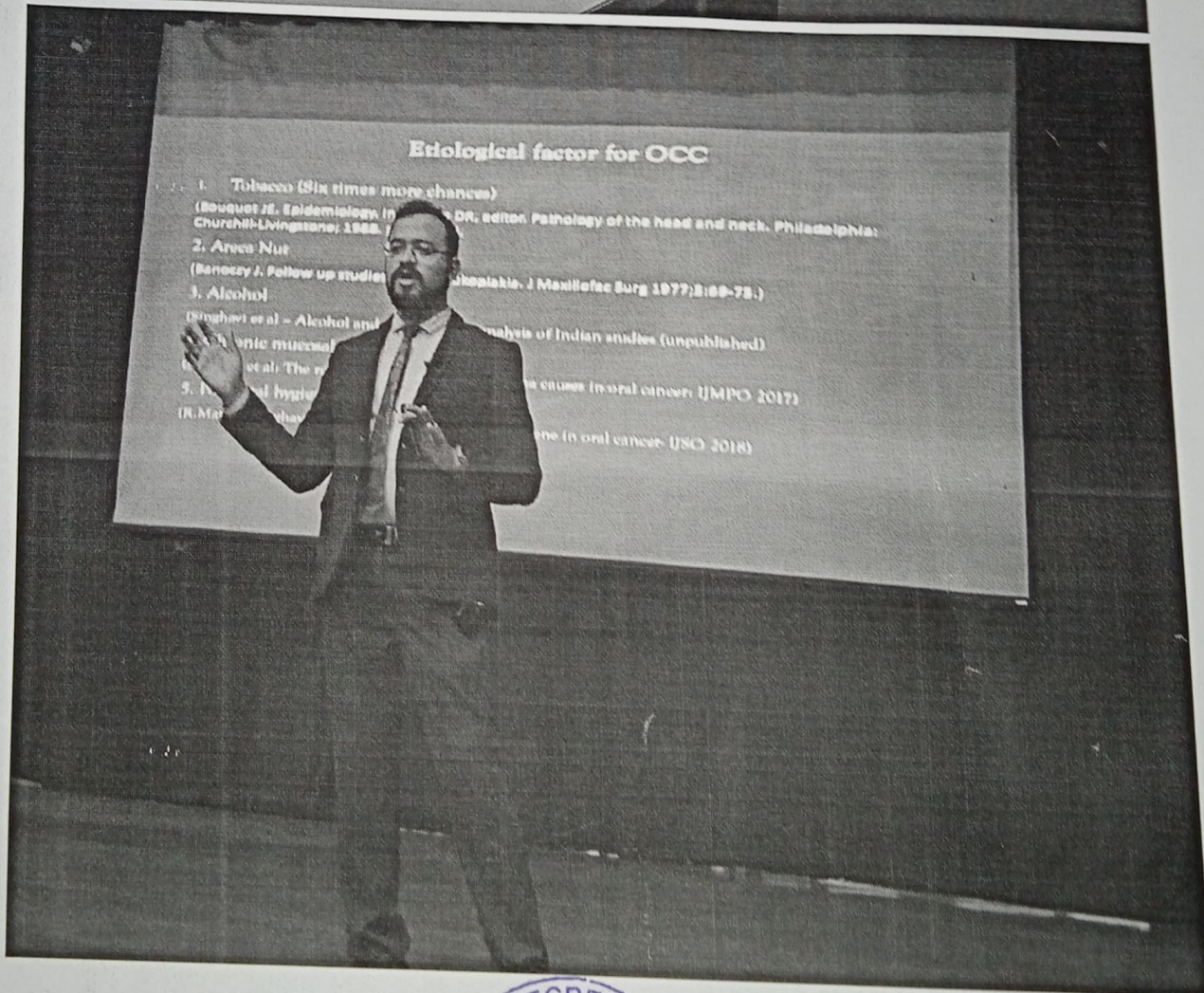
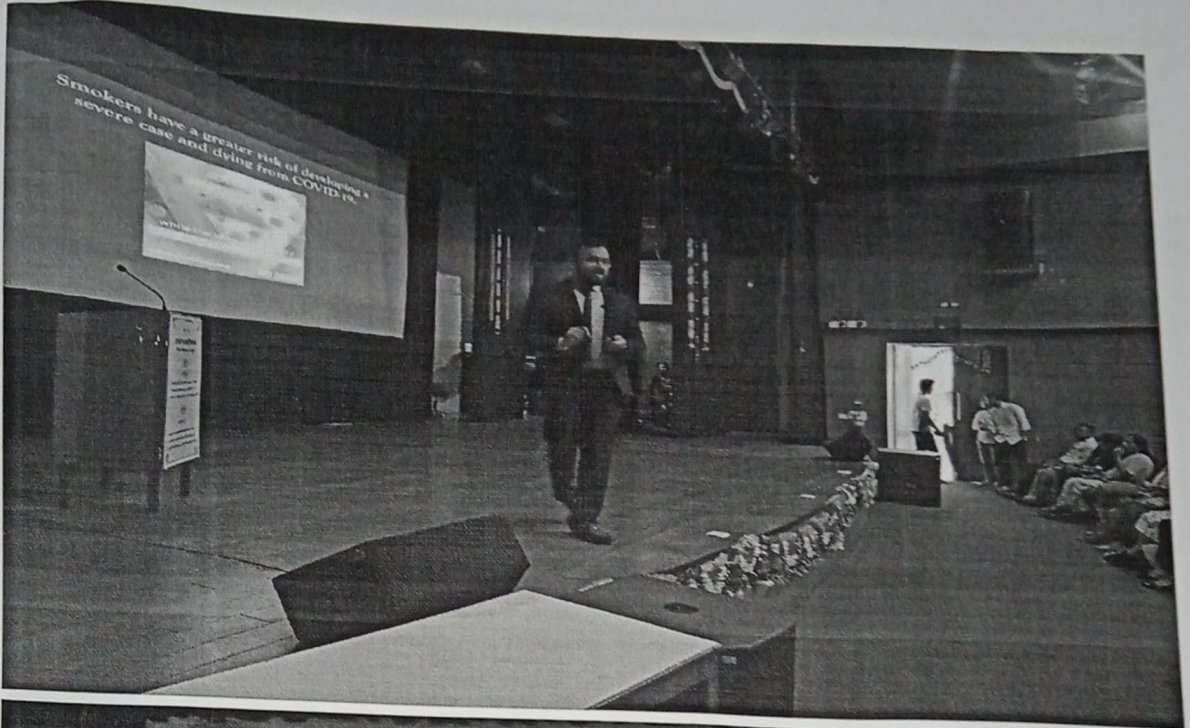

 Dr. (Mrs.) Leena Sarkar
 Principal

PRINCIPAL

JNAN VIKAS MANDAL'S
 M.R. MEHTA COLLEGE OF COMMERCE
 D.M. COLLEGE OF SCIENCE
 A.R. MEHTA COLLEGE OF ARTS
 Dr. R.T. DOSHI COLLEGE OF COMPUTER SCIENCE
 Plot No.9, SEC. - 19, AIROLI,
 NAVI MUMBAI-400 708



Pics of the event:





Keena



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Plot no.9, Sector -19, Airoli, Navi Mumbai

NOTICE

17th September, 2022

NSS, DLLE and Science Teachers are hereby informing you that there will be a meeting on 19th September, 2022, at 10.30 a.m regarding conduct of Free Health Checkup Camp.



Leena
 Dr. (Mrs.) Leena Sarkar
 Principal

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Minutes of Meeting

Date of meeting: 19th September, 2022

Chairperson for the meeting : Principal Dr. (Mrs.) Leena Sarkar.

Members present in the meeting :

1. Asst.Prof. Ashish Chavan (Convener)
2. Asst. Prof. Seema Choudhary (PO)
3. Asst. Prof. Prema Bardhan
4. Asst. Prof. Sanjay Gupta
5. Mr. Onkar Mone

The NSS committee meeting was held on 19th September, 2022 at 10.30 am. The meeting was presided over by the Principal Dr. (Mrs.) Leena Sarkar.

1. Minutes of Last meeting was read by Mrs. Prema Bardhan.
2. It was decided to organize a Free Health Checkup Camp on September 24th, 2022, in association with Fortis and Thyrocare. The aim of the camp is to provide free health checkups to the needy and underprivileged sections of society.
3. It was also decided to conduct a session on " Health effects of Tobacco " And " CPR Training" for college students and parents for college students, teachers and parents.
4. It was decided that the teachers would coordinate with the executive of Fortis and Thyrocare and fix the date and schedule and requirements for the camp.
5. Other matters were discussed with permission. And meeting were ends on 11.00 a.m





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Report of Free health checkup camp

Name of the Activity: Free health checkup camp in association with Fortis and Thyrocare.

Date of the event : 24th September, 2022.

On September 24th, 2022 The camp was held in the college campus from 10:00 am to 2:00 pm. A total of 668 people benefited from the camp. The check ups included Blood Pressure, Blood Sugar, ECG, BMI, and Thyroid profile. The camp was set up with the aim of providing free health checkups to the underprivileged sections of society who cannot afford to go for regular medical checkups. The camp was a huge success and received an overwhelming response from the people. The NSS Unit played a key role in organizing the camp and ensuring that everything was in place. The team members were very cooperative and efficient in handling the entire process of registration and checkups. The participation of Fortis and Thyrocare in the camp was invaluable. They provided their services for free and their expertise helped in making the camp a grand success. We are extremely grateful to them for their support and cooperation. In conclusion, the Free Health Checkup Camp organized by the NSS Unit, DLLE and Science Department in association with Fortis and Thyrocare was a huge success. We hope to organize more such camps in the future and continue to serve the underprivileged sections of society.

Report prepared by

Seema
 Ms. Seema Chaudhary
 NSS P.O

Report verified by

Am
 Mr. Ashish Chavan
 NSS P.O

Report approved by:

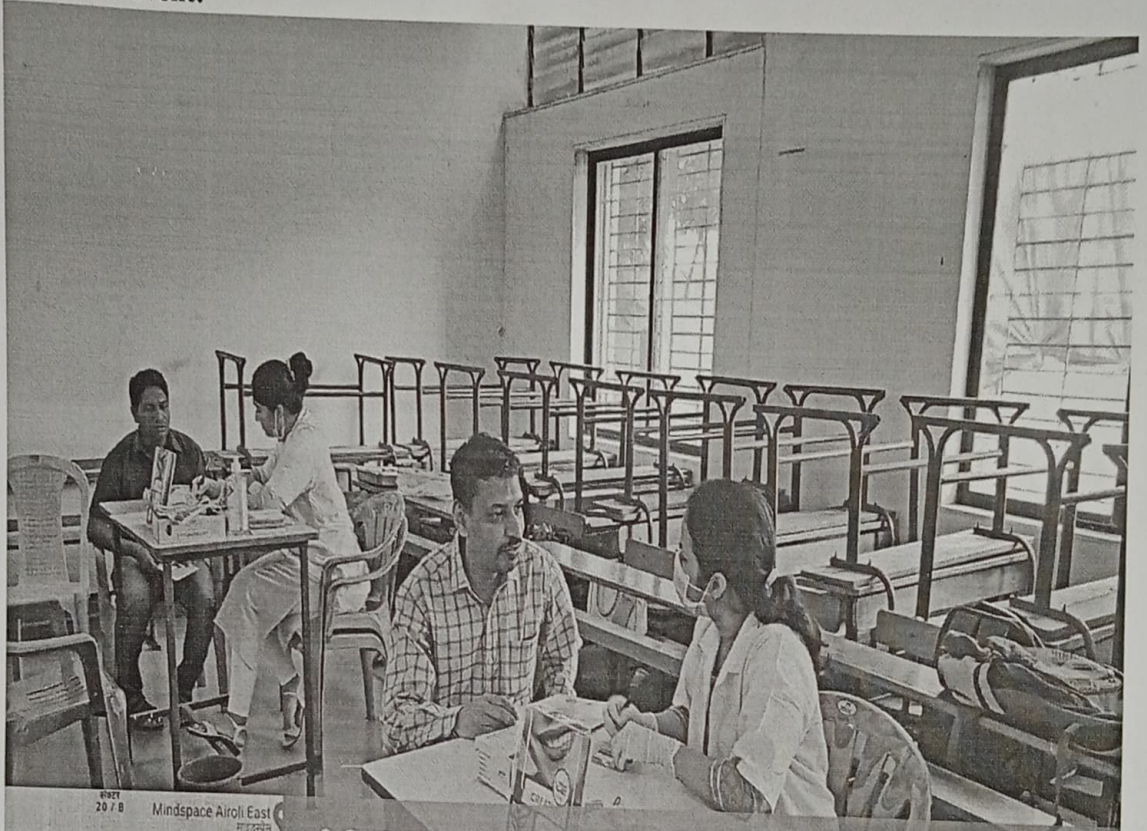
Leena
 Dr. (Mrs.) Leena Sarkar

Principal
PRINCIPAL

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 D.M. COLLEGE OF SCIENCE
 A.R. MEHTA COLLEGE OF ARTS
 Dr. R.T. DOSHI COLLEGE OF COMPUTER SCIENCE
 Plot No.9, SEC.- 19, AIROLI,
 NAVI MUMBAI-400 708



Pics of the event:



207 B Mindspace Airoli East

Datta Meghe College Of Engineering
 9, Sector-19, Airoli, Navi Mumbai, Maharashtra 400708, India

SECTOR-19
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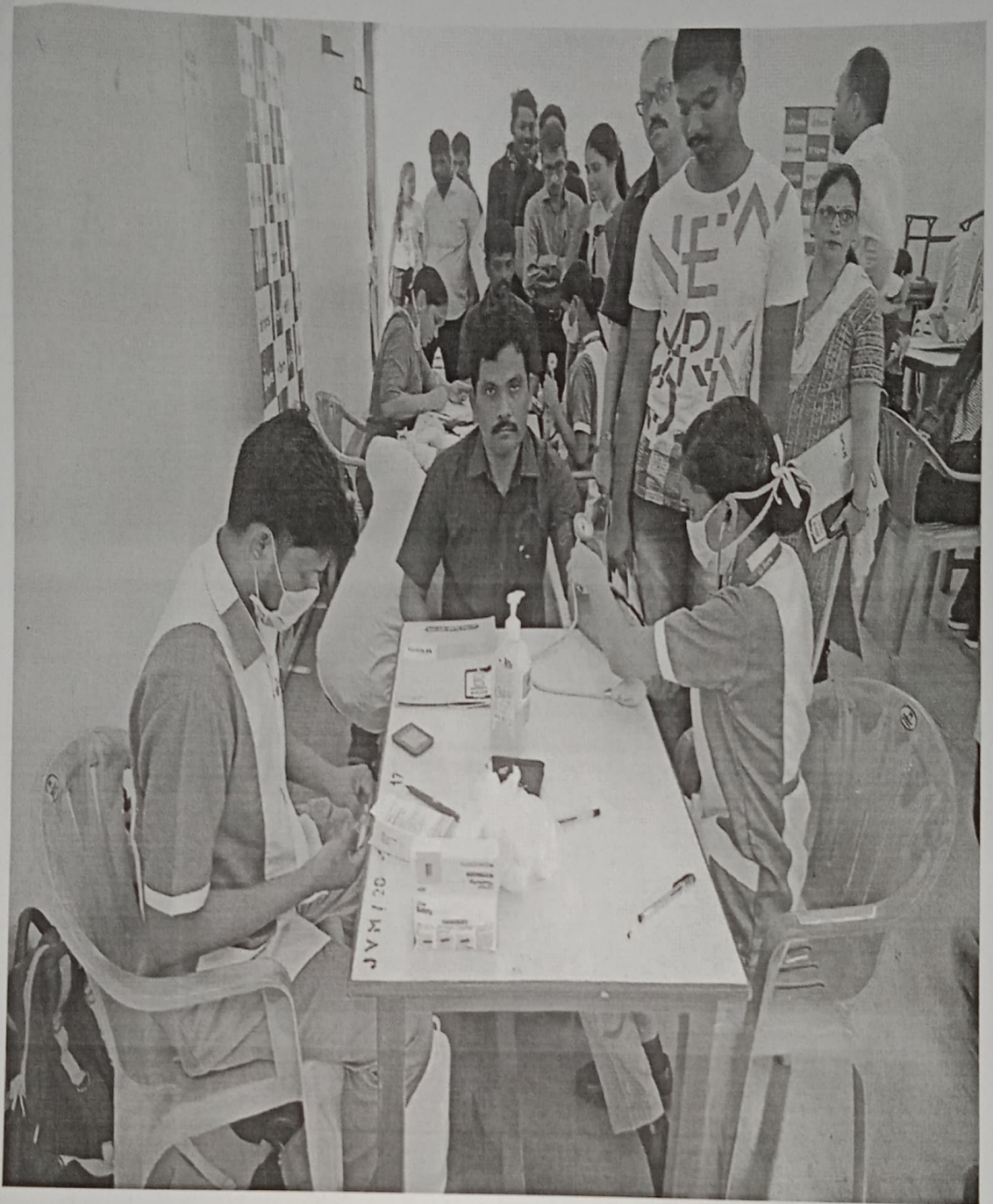
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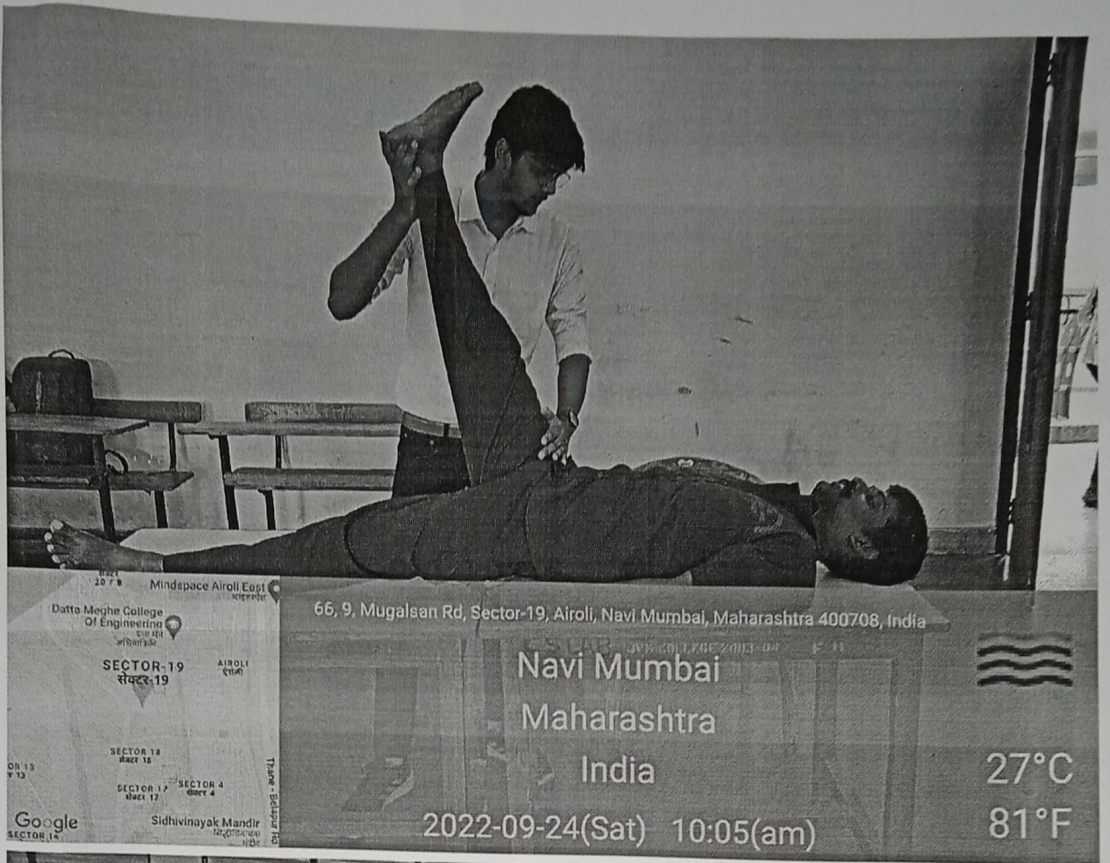
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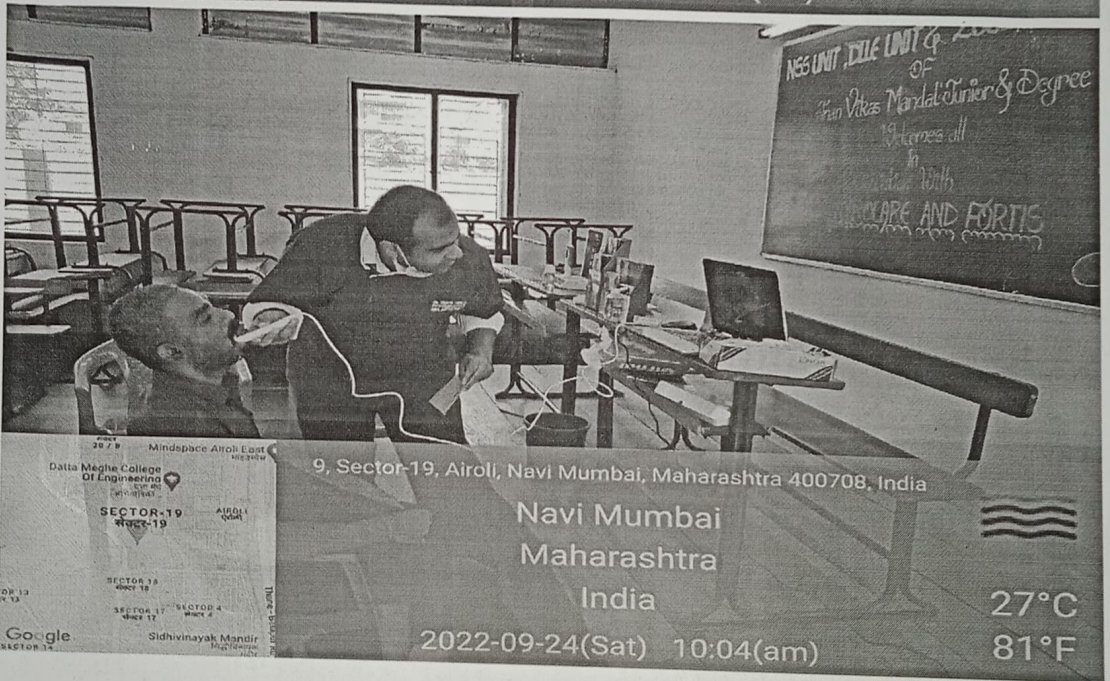
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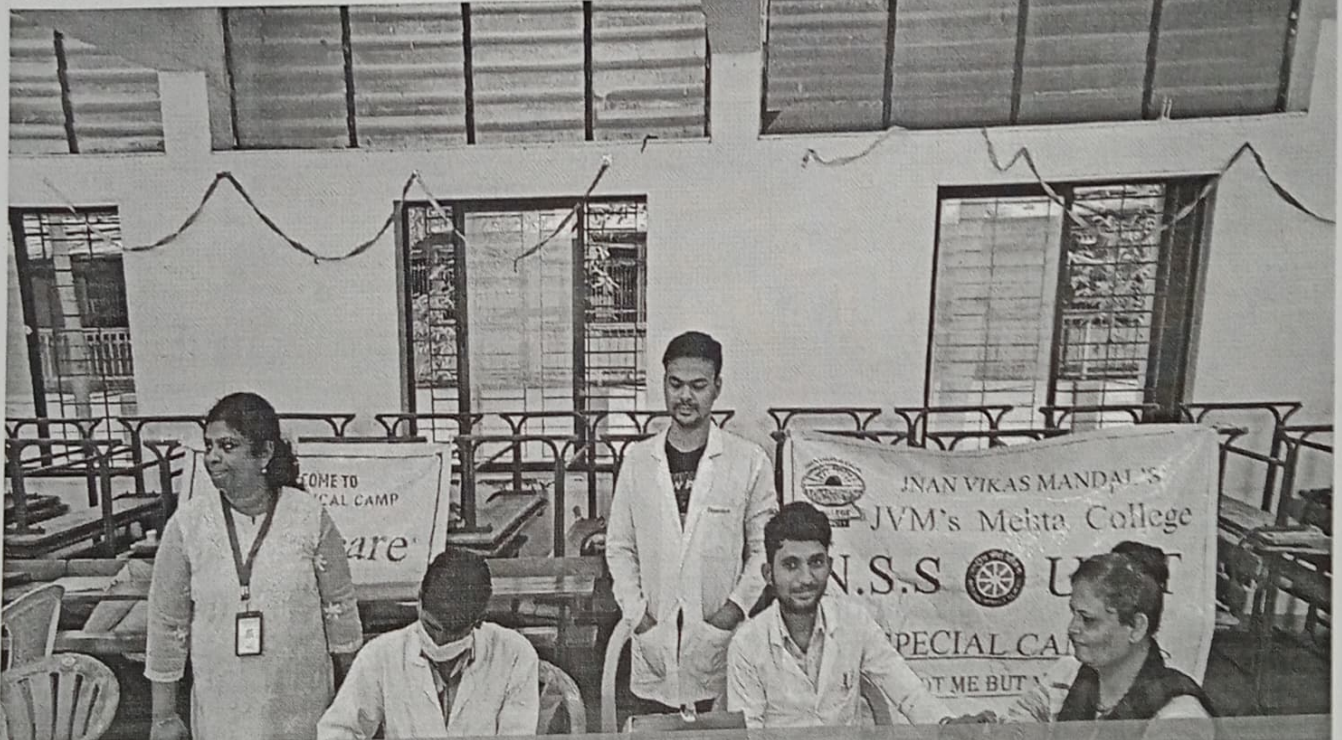
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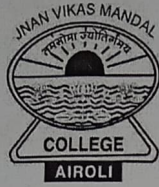
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NAVI MUMBAI



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Amritlal Raichand Mehta Degree College of Arts
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NOTICE

14th September, 2022

All NSS committee members are hereby informed that there is an online meeting with Principal Dr. Mrs. Leena Sarkar on 15th September, 2022, in the conference room at 11.30am regarding conduct of various activities in the month of September 2022. following agenda will be discuss :

Agenda

1. To confirm the minutes of last meeting.
2. To conduct the activities in the month September 2022.
3. Other matters with permission to chair.



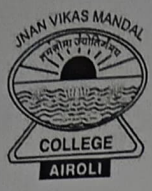
Leena

Dr. (Mrs.) Leena Sarkar
Principal

PRINCIPAL
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Amritlal Raichand Mehta Degree College of Arts Padmashree
(Dr.) R.T. Doshi Degree College of Computer Science
Plot no.9, Sector -19, Airoli, Navi Mumbai



Minutes of Meeting

Date of meeting: 15th September, 2022

- Chairperson for the meeting : Principal Dr. (Mrs.) Leena Sarkar.
- Members present in the meeting : Mr. Ashish Chavan (Program officer)
- Ms. Seema Chaudhary (Program officer)
- Mrs. Prema Bardhan
- Mr. Sanjay Gupta *[Signature]*
- Mr. Onkar Mone

The NSS committee meeting was held on 15th September, 2022 at 11.35 am at the conference room. The meeting was presided over by the Principal Dr. (Mrs.) Leena Sarkar. Following matters were discussed and finalized as per agenda.

1. To read the minutes of last meeting : Mr. Sanjay Gupta read the minutes of the last meeting and confirmed the same.
2. To conduct the activities in the month of September 2022: it was decided to conduct the activities for September 2022 through offline mode. So It was decided to conduct the activity of Cleaning of Mangrove nearby college with the WTFT NGO on 17th September, 2022. It was also decided to conduct the other activity in the month of September 2022 as Health Checkup Camp with Thyrocare and Fortis on 24th September 2022. It was also decided to conduct the session on CPR and Health effects of Tobacco on the 24th September 2022.
3. No other matters were discussed and meeting ended at 12.45 p.m

Name of committee Members:

1. Dr. Leena Sarkar – Principal And Chairperson *Leena*
2. Asst. Prof. Ashish Chavan (P.O.) *[Signature]*
3. Asst. Prof. Seema Chaudhary (P.O.) *[Signature]*
4. Asst. Prof. Prema Bardhan *[Signature]*
5. Asst. Prof. Sanjay Gupta *[Signature]*
6. Asst. Prof. Onkar Mone *[Signature]*



JNAN VIKAS MANDAL'S

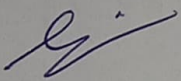


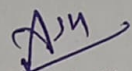
**Mohanlal Raichand Mehta College of Commerce
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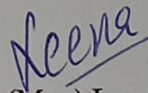
NOTICE

15th September, 2022

All NSS Volunteers are informed that the NSS unit of the College is organizing a visit to Coastal & Marine BioDiversity center and Mangroves cleaning in association with "With Them For Them" NGO at a nearby area in Airoli. Those who are interested come in NSS Cell at 9.00 am on 17th September 2022.


Ms. Seema Chaudhary
NSS P.O


Mr. Ashish Chavan
NSS P.O


Dr. (Mrs.) Leena Sarkar
Principal

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NAVI MUMBAI-400 708



Pics of the event:

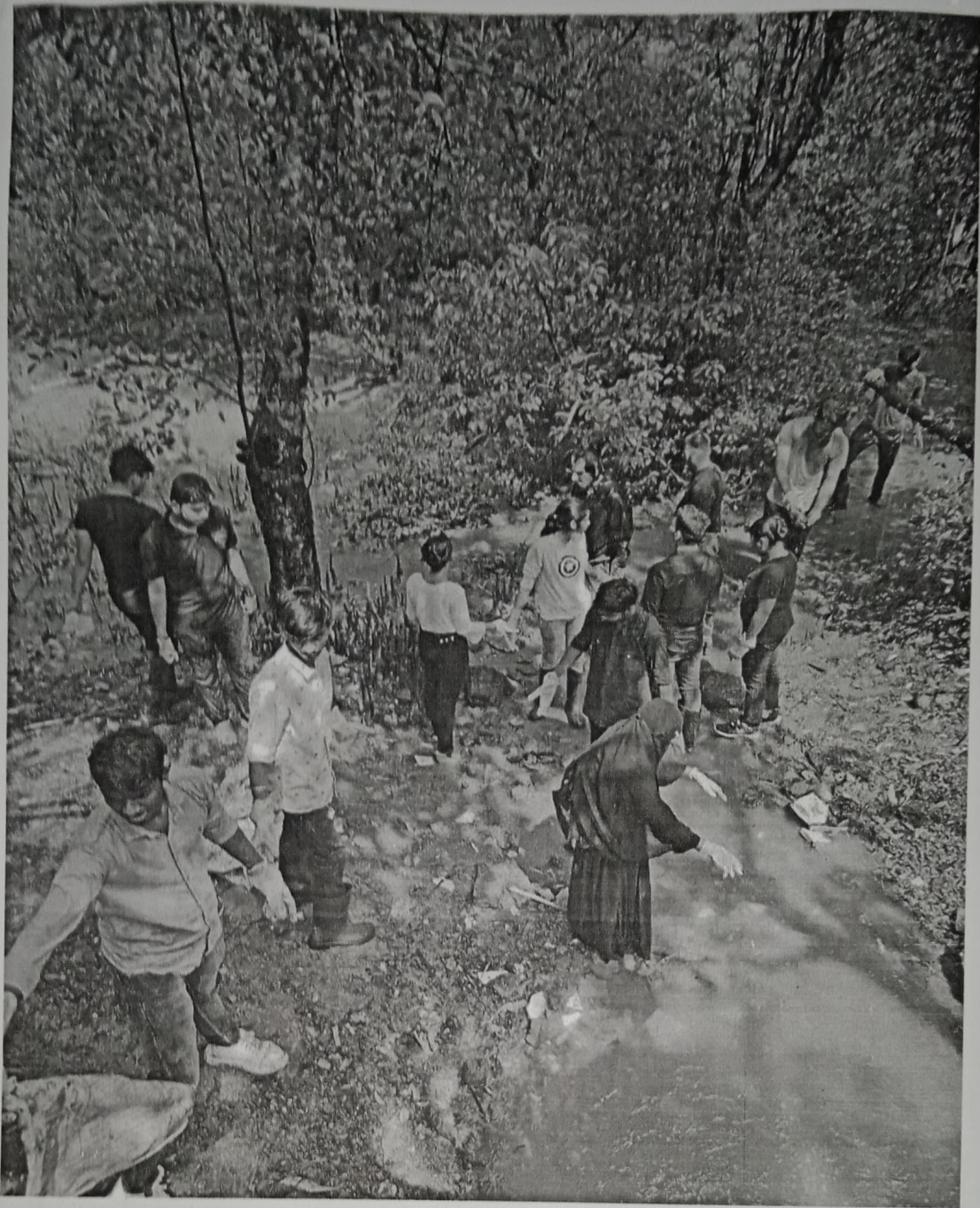




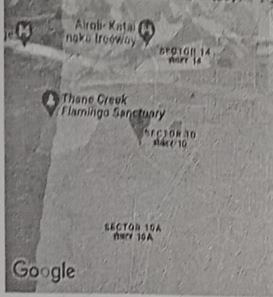
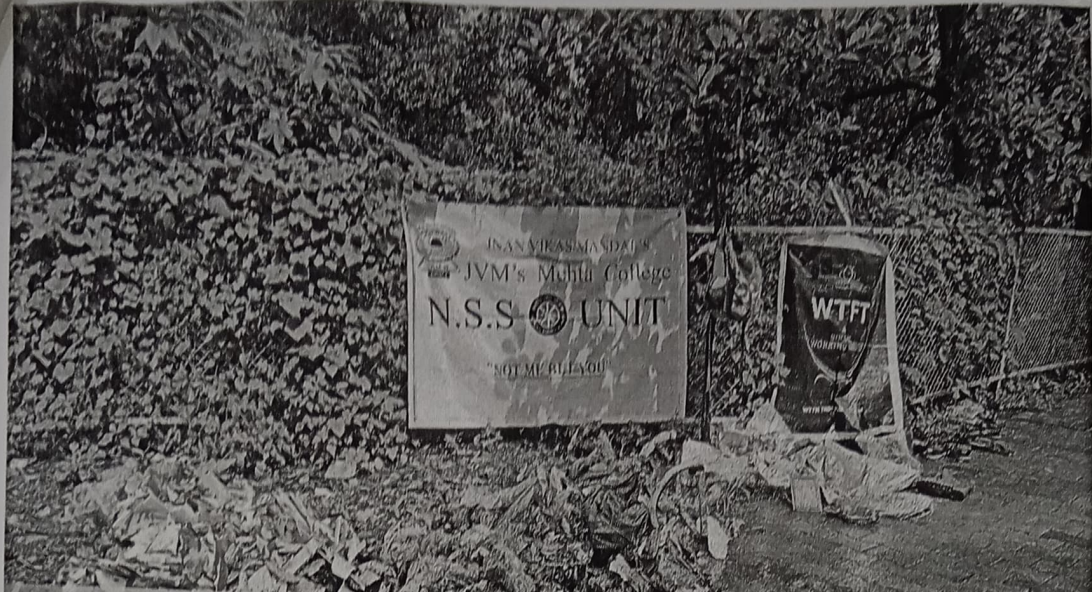
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Navi Mumbai
Maharashtra
India

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Keena



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Maharashtra
India



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Navi Mumbai
Maharashtra
India



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List of the participants:

SN	Name	Email ID	Phone Number
1	nilima more	neelimamore57@gmail.com	8879020358
2	goswami kiran	kirangoswami124@gmail.com	9372887819
3	chandrajeet Rajbhar	ramavadhr443@gmail.com	8928530523
4	Rabi Mishra	rabimishra159@gmail.com	7738805349
5	Achal yadav	achalyadav7710@gmail.com	7710881970
6	Vikrant jaiswar	vikrantjaiswar74@gmail.com	9769381512
7	ankit singh	94ankitthakur@gmail.com	9321777094
8	shohel Shaikh	sohailshaikh776648@gmail.com	8850457912
9	tejal tomar	tejaltomar@13gmail.com	7045093373
10	tapasvi mohite	mohitetapasvi30@gmail.com	8591243260
11	rupal saroj	rupalsaroj53@gmail.com	7039135176
12	Asim Petiwala	petiwalaasim@gmail.com	8879401493
13	Sadiqua Samani	sadiquasamani77@gmail.com	9820719867
14	shraddha yadav	shraddhay552@gmail.com	9136398926
15	Aarti Yadav	artiyadav47@gmail.com	7738029213
16	sujaal singh	sujalsingh271203@gmail.com	9769348220





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Report on Mangroves Cleaning and Visit to Coastal biodiversity Center

Activity Details: Mangroves Cleaning and Coastal Biodiversity Centre

Date: 17th September 2022

The NSS unit of our college planned to conduct a cleaning activity of the mangrove nearby the college with the support of the WTFT NGO. The main aim of this activity is to create awareness among the students about the importance of preserving the environment and to involve them in community service activities. The volunteers were instructed to bring their own gloves, masks, and water bottles. The WTFT NGO provided the necessary cleaning materials such as brooms, garbage bags, and cleaning solutions. The volunteers were divided into groups and assigned different areas of the mangrove to clean. The Volunteers were instructed to be careful not to damage any plants or disturb the ecosystem. After the cleaning activity, the NSS unit planned to take the volunteers to the Coastal Biodiversity Centre. The Coastal Biodiversity Centre is an educational and research facility that focuses on marine and coastal biodiversity. The main aim of this visit was to create awareness among the students about the importance of preserving marine and coastal biodiversity. The activity was successfully completed with the participation of 16 NSS volunteers. The volunteers actively participated in the cleaning activity and collected a considerable amount of garbage from the mangrove.

Report prepared by
Seema
Seema Chaudhary
NSS PO

Report Verified by
Ashish
Asst.Prof. Ashish Chavan
NSS PO And Convener

Approved By
Leena
Dr. Leena Sarkar
Principal And Chairperson
PRINCIPAL



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